



Parent Newsletter

Senior School

November 2020

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This **MONTHS** Events

2nd	School reopens after Puja Break
3rd	Last Date for submission of nominations for Student Council Election
4th	Summative Examination commences for IBDP Yr1
6th	Final list of Candidates Campaign Day (After school hours)
11th	Emailing of Report Card for Grades 6 to 8, 10 & AS Summative Examination ends for IBDP Yr1
12th	Children's Day Celebration Face-off Challenge for the Student Council candidates and Election
13th - 16th	HOLIDAYS - Diwali, Kali Puja and Bhai Dyuj
17th	School reopens after DIWALI BREAK.
17th - 25th	Intra Class English Elocution for Grade 6 during English Lesson Intra Class Extempore in English for Grade 7 during English Lesson
18th	Investiture Ceremony of the newly elected members.
20th	Term 1 Examination commences for Grade 9
22nd (Sunday)	THE TOURISM SAUVEUR - An Online Shark Tank for Grades 9 to 12
27th	English Language Assembly for Middle School - which includes Intra class debate for Grade 8 and Showcase of English Elocution(Grade 6) & Extempore(Grade 7)

Autumn Assembly **FESTIVALS OF FALL**



On 16th October as CIS closed for the Puja Break, the students of the Middle and Senior Section organised an assembly **Festivals of Fall** to celebrate the onset of autumn. True to the cosmopolitan nature of the school, the students celebrated a variety of festivals. The Grade 6 students recited poems, enacted short plays and also sang melodious songs in Hindi, Bengali, French, Mandarin and Spanish. A short dance recital – *Durgatinashini* - paid homage to Goddess Durga in tune with the Durga Puja celebrations that marks the month. The following section 'Poems of Autumn' took us on a poetic journey through enchanting lyrical compositions. Halloween was celebrated in a fun way by the students of Grade 9, dancing to 'Thriller'. We were reminded of the festivities that await us on Diwali through an energetic performance by students of IBDP.

MARATHOME

CAS Service and Activity



On 4th October, 2020 nine students from IBDP-Yr 1, had participated in a 2 km virtual Marathon, as part of their CAS Service and Activity experience.

MARATHOME was organised by Habitat for Humanity India in collaboration with Ketto Group. The students joined a huge group of marathon enthusiasts from all over India, through Zoom meet and ran for 2 kms in their respective homes. The distance covered was monitored through mobile phone app or smart watches.

The funds raised through this event will be used for the various projects supported by the organisation.

WORLD MENTAL HEALTH DAY

Self Help & Take home messages

1. Learn few relaxation techniques
2. Exercise
3. It is absolutely okay if you are unable to maintain the routine due to your distress- it is good to be flexible
4. Reach out to the individual with whom you are comfortable
5. Write down your thoughts if you are feeling sad/depressed/anxious- then reflect later after an hour or so when you are not experiencing that intense negativity.
6. Social media might be a source of negativity when you are sad- remember pictures capture the moment- so do not generalize and relate

MYTHS	REALITY
"having a mental illness means you're 'crazy' "	It means you are vulnerable. It means you have an illness with challenging symptoms the same as someone with an illness like diabetes
"children don't experience mental health problems"	1 in 6 young people experience a mental disorder which is often clinically diagnosable.

relevant to mental health

1. stereotype threat
2. they perpetuate myths about mental illness
3. may lead to hesitation in seeking help

The Psychology students and few other students of Grades 11 and 12 observed World Mental Health Week from 12th to 16th October, 2020 under the supervision of Mrs. Debalina Mitra (Chatterjee) and Ms. Amrita Nandy, on the occasion of World Mental Health Day which is internationally observed on 10th October every year.

Several topics were discussed in the course of the 5 days followed by activities with the students of Grades 9-12.

INTERACT CLUB - Investiture Ceremony



On Saturday, 10th October, the Investiture Ceremony for the new office holders of the **Interact Club** was conducted virtually. The new board members were installed and the President collared.

Mrs Gayatri Dhar, President of RCCV and the Youth Service Director were amongst others from the Rotary Club who was present to install the new board members. Dr. Munmun Nath, Principal Senior Section along with the Section Heads and the teachers in charge of the club Ms. K Marwah and Ms C Chatterjee also attended the event.

After installation, the secretary, Manav Bansal, outlined past projects and future endeavours. The guests encouraged the members and inspired them to think 'out of the box' and take a lead wherever there's a need. The ceremony ended with the Vote of Thanks.



STUDENT ACHIEVEMENTS



Congratulations to **Divit Jain** of Grade 6 for participating in ISRO Cyberspace Competitions – 2020 (ICC -2020).

His interest in Space Science and Technology is encouraged.

Congratulations to **Ankit Bangur** of Grade 10 for completing 'THE DRUMS AND PERCUSSION' workshop at Berklee College of Music in Boston with a high score of 4.0 GPA and a high grade of A.



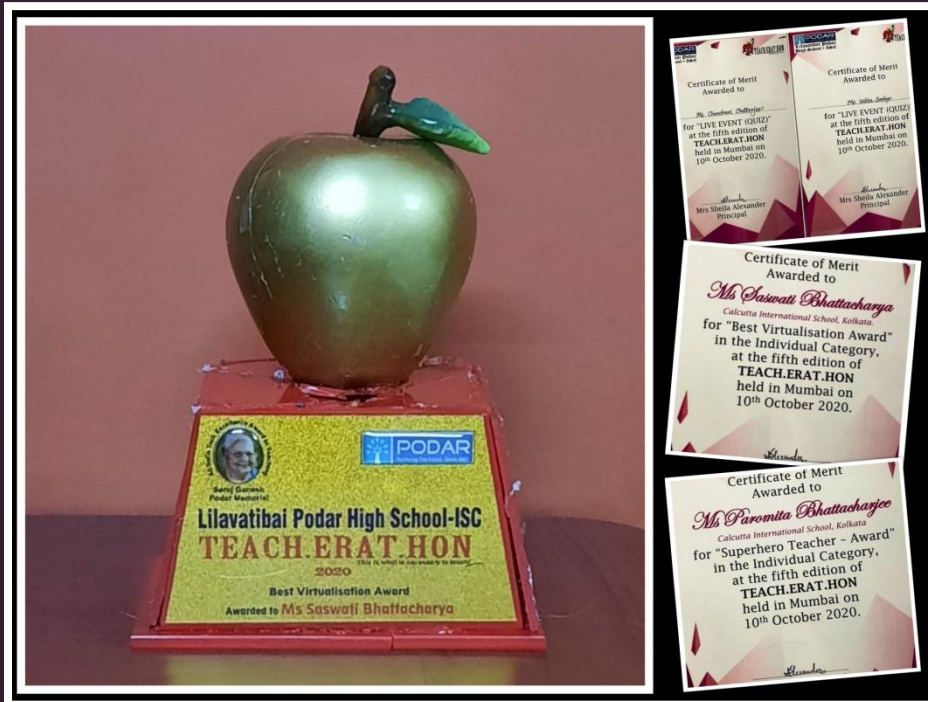
Kiron Deb of A-levels (Grade 12) successfully submitted a paper to SCI - 2020 conference organised by Vasavi College of Engineering - Hyderabad, on 'ACCELERATED SORTING OF APPLES BASED ON MACHINE LEARNING'.



A mechanism of non-destructive testing of freshly picked apples using artificial intelligence and machine language was developed.

The proposed technique would serve as a first level screen for separating the highest quality of apples based on their images only.

CIS TEACHERS BRING HOME ACCOLADES



TEACH.ERAT.HON 2020 - a pan-Indian Teacher Award organised by Lilavati Podar School, Mumbai acknowledged two teachers from CIS for their innovative pedagogical approaches.

- * Ms Paromita Bhattacharjee won the SUPERHERO TEACHER AWARD and
- * Ms Saswati Bhattacharya won the BEST VIRTUALISATION AWARD.

They were amongst hundreds of nationwide nominations submitted, showcasing innovative teaching approaches used for remote teaching and learning. On 10th October at a **virtual live event**, the two teachers were felicitated.



In the same LIVE event, “**Team CIS**” represented by Ms Chandrani Chatterjee and Ms Uditia Sarkar clinched the **FIRST PRIZE** in an All-India Quiz on Teaching methodologies & Tools, competing against 9 other school teams.

An Online Event hosted by the Travel & Tourism students of A&S-Level

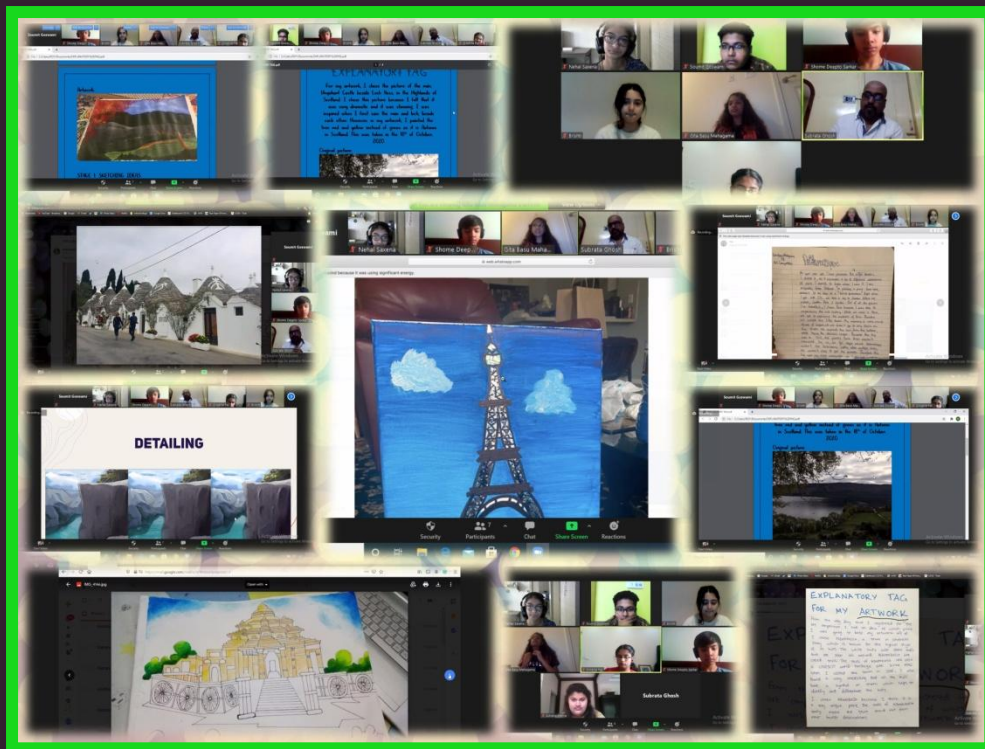
Under this event, three different competitions were held for students of Grades 6-12. These were:

2. Picturesque: an art competition

3. Fortnite: a gaming competition



A virtual quiz competition was held for students of Grades 6 & 7, which tested the extent of their knowledge in terms of history, geography and culture of different travel destinations such as India, Europe and the United States of America.



PICTURESQUE

PICTURESQUE

This was an art competition, where participants were required to draw from their memory at a tourist destination and provide information on it. The judge for this competition was Mr Subrata Ghosh, HOD of Art.



Fortnite- A gaming competition



Fortnite

This was a gaming competition where experienced gamers from classes 6-12 competed with one another. Participants were required to form a team consisting of two members. A tournament was conducted between the teams called zone wars

Do you have a solution for the Tourism Industry in this Pandemic Times?
Innovators & Entrepreneurs of Grades 9-12 look no further!!



The AS Level Travel and Tourism students present to you:

"THE TOURISM SAUVEUR"

An online shark tank aimed towards solving the current problems being faced by the tourism industry.

This fun and exciting competition will be held on the 22nd of November from 12 pm - 2 pm. There are only limited seats, so don't miss out!

UNRAVELLING THE BIG FUTURE

On 16th of October, Career counsellor of CIS Mrs. Sanjukta Poddar was invited as a panelist by **CollegeBoard** for a workshop on optimising the use of BigFuture, College Board's free college planning tool.

The session was conducted by Mr. Kunal Mehra, the Director of Outreach and Marketing, South and Central Asia at the CollegeBoard and Mrs. Sanjukta Poddar.

The one hour long session was attended by students, parents and counsellors from all across India.

