

CIS HERALD



Volume: 9



March Newsletter

Spring Break - 6th March to 10th March

17th - 18th March - Some teachers will be attending a 'Conference on Learning Diversity' organised by Manochetna Academic and Research Centre and Department of Education, Calcutta University

20th March - Class 4 - Hindi - Bengali - History collaborative Assembly

25th March - Assembly for Grade Nursery

27th March - Vernacular Elocution Competition for Grades 1 to 5

The Progression tests for class 5 will start from 16th March and will end by 18th March.



We warmly welcome Mr Ayan Pal who has joined the CIS family as the CEO from 24th February, 2020



14th March - PTM for Grades Upper Nursery and 3

21st March - PTM for Grades Pre Nursery and 1

NOTE - Students who had qualified for the Second Level of the SOF Olympiads, appeared for the examinations in Saltlake Point School on the 9th of February, 2020.

PTM for Grades Nursery and 5 took place on 29th February, 2020.

facebook



For regular updates on important school events, please like and follow us @

<https://www.facebook.com/calcuttainternationalschool>



A message from the CEO

'A journey of thousand miles starts with one small step.'

I have taken the step by coming back to the city of innumerable legacies – Calcutta.

We are living in the world of transitions. The dichotomy of traditional academic systems and the new and novel way of empowering the children to face the world at its deepest and profound dilemma. From the old we are going to take the sense of values, discipline and organization, understanding the roots of our existence and interpreting the true meaning of culture. From the new we would be giving our children the idea of risk taking, adventure, readiness to face the intricacies, application, critical thinking and internationalism.

Parents, there is a group of dedicated people who have taken the onus of educating your child. They are well equipped, trained and passionate to facilitate your child's journey. They are the facilitators at The Calcutta International School.

No, I am partially correct. Our children's future is in your hands dear parents.

Please, let them run. They have the ability.

Please, let them fall. They would get up.

Please, let them get hurt. They would face the challenge.

Please, let them take risk. They would leave a legacy.

We cannot do without your help, parents. Do hold our hands and build the changing world we all are aspiring for in our sub-conscious.

Come to school and read out stories. Tell us how we can make our children fly like the Pegasus. Guide us in making a mark. Cooperate for the best. Let us not compromise in discipline. Let us incorporate the idea of system in the young minds. Let us realise the indomitable importance of organization.

Do wish me luck so that I can fulfill my pledge. The pledge is simple – make a difference in the lives of my children at The Calcutta International School.

Regards

Ayan Pal



“You can go other places, all right – you can live on the other side of the world, but you can’t ever leave home.” – Sue Monk Kidd

CIS was extremely happy to welcome Mr and Mrs George and Brenda Simpson of Tampa, Florida, to the school on 6th February 2020. Mrs Brenda Simpson was a student of the school, then known as Miss Barth's School, from around 1953 to 1956. Her two brothers were students for even longer, spending 10 years in school.

The Simpsons were given a traditional warm Indian welcome and presented 'kantha' stoles by our teachers and school head boy.

After an interaction with a group of teachers and a member of the Board, who were all curious to know about the school in its early years and about Miss Barth, an audio visual of present day CIS was screened for the visitors.

The visitors took a tour of the school, visited the library, the art room and interacted with the teachers and students of Junior Section. They also shared their thoughts about their visit to the new campus. They even interacted with a group of pupils from Grades 7 and 8 who are working on a project to discover and record the history of the school.

The Simpsons were given the school T-shirts, the current Year Book and school mugs as mementoes. They enjoyed the Indian snacks served to them.

Thank you Mr and Mrs Simpson for remembering and visiting CIS!





Sports Day



1st



2nd



3rd



Practise hard. Play hard. Be hard to beat.

Keeping this thought in mind, pupils from Pre Nursery to Grade 5 participated in the Annual Junior Sport Day of Calcutta International School on 4th February, 2020 in the school premises.



In her Welcome Address, Junior School Principal, Mrs Pratima Nayar stated the importance of sports in the life of a student. She said that CIS aims at imparting holistic education and hence sports and games are an integral part of the school curriculum.



The Chief Guest for the event was Ms Shivika Burman, an eminent tennis player and coach.

Ms Burman addressed the gathering and motivated the pupils before formally declaring the Sports Day open. This was followed by the hoisting of the school flag and the releasing of colourful balloons into the sky! It was a spectacular sight.





“Being an emcee on stage is mostly about crowd control, about monitoring energy levels.”

– David Diggs

The emcees for the day were Ms Lakshmi Khanna and Ms Kashmiri Marwah who kept the gathering entertained and informed throughout the day.



Forward we March



Taekwondo Display - An integral part of Junior School



Drill displays by Grades Nursery, Upper Nursery, 1 and 2

"The race doesn't always go to the swift, but to the ones who keep running."



Until next year.....



AUTHOR WEEK



Pre Nursery A

“A smile ... a cuddle ... a shared memory..... a story is much more than words” – Tracey Corderoy

The week began with an introduction of the author, her life and works. Pupils were delighted to know that she too was a primary teacher just like their teachers in school. We read the stories of ‘The Magical Snow Garden’, ‘Just Right for Two’, ‘Little Penguin Lost’, ‘The Very Messy Mermaid’ and ‘No’. Pupils brought storybooks of their own and shared with the class. Stories are so much more than words and pictures on a page, it is an adventure, a journey of meeting new friends and learning the values of friendship, kindness and being helpful. The pupils drew and coloured pictures of the stories they read. They enjoyed making a craft on ‘The Magical Snow Garden’.

Mrs Keyal, mother of Avyanna Keyal, visited the classroom and narrated the story of ‘The Very Messy Mermaid’. We thank her for her support and participation for the event.



Mrs. Keyal narrating the story of ‘The Very Messy Mermaid’



Mrs Dhanuka narrating the story of ‘Just Right for Two’



Love for books



Children colouring and working on their art and craft in class



Pre Nursery B

During the Author Week, Pre Nursery B celebrated the works of the renowned children's author Tracey Corderoy. A short Power Point presentation was shared about the author's writing style and her books. Pupils actively participated in all the activities, did craft and came dressed as the character, Archie, for the story 'No'. Teachers and parents used interesting props to narrate the stories. All the story sessions ended with follow up activities to make it an enriching experience for the students. Mrs Vora narrated 'The Lost Penguin' and Mrs Kundalia read and enacted 'I Want My Mommy'. As a sequel to this story, mothers of the students came to collect their children from the class during dispersal time. The pupils were pleasantly surprised when each of them was hugged by their mother!



Children dramatise the story – 'No'



Exploring their Treasure Box



Mrs Vora involving the children in a game related to the story



Ms Tewari using props to making the session more enriching



Story – 'I want My Mom'

It was an enthralling week! Our chosen author for the “Author’s Week” was OLIVER JEFFERS – A picture book maker. We learnt few facts about the author – He is a painter, sculptor and an illustrator. His books have been translated into over 30 different languages. Oliver’s book ‘Lost and Found’ won the Gold Award at the Nestle Children’s Book Prize in 2005.

Pupils enjoyed listening to his stories, shared books, did craft and painting activities. They were excited to have Mrs Gujral, a parent of Nursery A, for a captivating story telling session which was arranged in the school playground. We wrapped up the week long program with an activity, where children illustrated their favourite story and presented it to the class.

NURSERY A



Sharing cookies after the narration of the story - How to catch a star



Story Telling Session



Illustrating



Children’s Board Display



Mrs Gujral narrating a story



Painting and sticking Stars



Audio Visual Session



NURSERY B

We made these planes to fly high

Rolling paper to make our penguins



Nursery B celebrated Author Week with Oliver Jeffers. We narrated stories and followed them up with activities in integration with the various subjects like P.E., Art, EVS, Math, Rhythm and Music.



The stories that we chose of this Bookmaker were:

Day 1: 'The Great Paper Caper' by Mrs N Khaitan

Day 2: 'The Day the Crayons Quit' by Ms L Khanna

Day 3: 'Lost and Found' by a parent visitor, Mrs Vasudha Khaitan

Day 4: 'How to catch a Star' by Mrs S Majumdar

Day 5: 'Stuck' by Ms A Tewari

It was an enlightening week. The children had a lot of fun in the process of learning during this week.



What if our crayons quit!



What keeps the penguins warm even in snow

UPPER NURSERY A

During Author week, in Upper Nursery, we covered four different stories by different authors. Besides the teachers, we invited parent visitors for narrating the stories. The children had a wonderful week as each story unfolded so many values like Respect, Discipline, Friendship, Helpfulness and Acceptance. A variety of different activities were done based on the stories. The children were introduced to the life of the author in brief, the story setting and the characters. As the author week proceeded, other subjects like Math, Science and Art and Craft were integrated to make the learning more interesting. We summed up the author week through a book review activity.

Our focus was on learning intrinsic moral values from each story and this came across very effectively during the week.



Preparing a Lion mask with Ms Khanna from the story – 'Library Lion' by Michelle Knudsen



Children wearing masks to enact lions walking in the jungle



Story time with Mrs Khaitan- 'Whale Gets Stuck' by Charles Fuge and Karen Hayles



Mrs Chakravarti Narrating the story – 'The Day the Crayons Quit' by Drew Daywalt



Ms Kaur brings the story of 'Blue Penguin' into the classroom by Petr Horacek

UPPER NURSERY B

The Author week was celebrated in the Primary Department with great enthusiasm.

In Upper Nursery B, it was an action packed week. Four books were read out to the children. A lot of research, planning and creativity went into making the experience a success and the outcome was amazing. We chose different Authors but the theme remained the same. The above stories all had a 'Growth Mindset', which helped to start a conversation about taking risks, dealing with failure, and having persistence through it all. Pupils and parents were equally involved displaying creativity and excitement

It truly was a fulfilling initiative.



'Giraffes can't Dance'



Children colouring the parts which will later be assembled to make complete Koalas



Engrossed making a craft on the 'Flying Fish'



Placing their flying fish in imaginary waters



Children listening to the story narrated by Mrs S Khan



Children's Board Display



A community is built with the help of its members performing various jobs and contributing towards the progress of the same.

As an ongoing theme, Captain Debapratim Sanyal (father of Samarth Sanyal of PNA), was invited to the classroom to speak to the pupils about his profession as a Master Mariner. Captain Sanyal shared his experiences as a mariner and explained, with the help of pictures and instruments used on board, the different kinds of ships and how to navigate it through the vast ocean.

Our next guest was, Dr. Kaushik (father of Sitara Kaushik of PNB). Dr. Kaushik showed an age appropriate, child friendly PPT including a suitable audio - visual which has definitely left an impact on the young minds.

This was followed by a visit from by Mr Hartmann (father of Amarissa Hartmann of PNA) on February 18th, who spoke to the pupils about his job as a diplomat. He engaged them in an interesting conversation and explained to them how his work takes him around the world and helps him learn about different cultures, people and languages. With fluency in several languages, he greeted the class in Portuguese, Korean and Bengali. Mr Hartmann read the story of 'The Cat in the Hat'.





Mrs Mudita Kajaria (mother of Shreyaan Kajaria of PNB) who is a yoga instructor herself, motivated the little ones to keep fit and maintain a healthy body. She conducted a yoga session, for Pre Nursery, where she taught various postures relating to different animals. To recapitulate the different postures, she played a game at the end and the pupils recalled her instructions.



On Friday, 28th February, Mrs Agarwal, Arohi's mother, indulged the pupils of Grade Nursery B in a non- flame cooking activity where they made a monster sandwich (children were asked to choose between a circle or a triangle monster) and pencil wafers where they had a choice between pink, white or brown cream to add with sprinkles and choco chips. Each pupil was given a paper box in which they could keep their sandwich and wafers and take it home to relish. It was very exciting.



BEING RESOURCEFUL



'Play' features a vital role in the holistic development of the children in the primary grades. A typical day in the primary classroom begins with free play before the pupils settle down to begin with the formal curriculum. To promote creativity, imagination, social, emotional and cognitive skills, a wide range of play resources have been procured by each of the grades. The list of items include a variety of puzzles, mapping mats, play dough and rolling pins, utensils, sand toys and balls. The interest and motivation to work is created through sessions of work alternating with playtime.



CLASS EXCURSIONS



Upper Nursery

The pupils of Upper Nursery went for a class excursion to the Science City on 7th February, 2020. They visited the science museum and saw the various exhibits. They were excited walking through the mirror maze and the aquariums, admiring life underwater.

Children had great fun eating and playing on the grounds of the Science City.



GRADE 1



CIS believes in learning through experience of new and exciting things, places and people. Keeping that in mind, pupils of Grade 1 had a rejuvenating break from their hectic routine through an excursion to the Agri Horticultural Garden on 7th February, 2020.

After a joyful bus ride, the pupils reached the Horticultural Gardens. They were excited to explore the grounds and started their walk in pairs guided by Mrs Singhal, Ms DuPratt, Mrs Mukherjee along with Gita Didi and Kishore Dada, who kept a strict eye on the safety of the students.

The children were told the names of the numerous flowers and trees they passed. They visited the Rose Garden, Herbs Garden, and the Japanese Garden amongst many. After a long walk, the children settled down in the Children's Park where they had their snack and enjoyed playing games before they headed back to school carrying back wonderful memories of a beautiful day filled with fun.



GRADE 2



The pupils of Grade 2 went on an exciting trip to the Aarbur and Burlap factory on the 6th of February, 2020 at Rajpur. Having studied 'Materials' in Science, the pupils were eager to learn about the manufacturing of bags with the natural fibre - Jute.

At the Aarbur factory, they were briefed about the jute plant, extraction of fibre, weaving of jute fabric, dying and lamination by the owner of the factory, Mr Satyajit Burman. It was an interactive session as the enthusiastic young learners responded to the information shared and sought answers to their queries. Next, the pupils were taken on a tour of the factory where they watched the jute fabric being cut with machines into different shapes, mixing and making of various colours for screen printing and screen printing – the use of different screens to print customised patterns and designs. They enjoyed looking at the tailor stitching all the parts together to make beautiful jute bags as well as the quality check and packaging.

At the Burlap factory, the students met the marketing and designing team members along with the 'karigars'. They saw the 'karigars' cutting, stitching the jute and leather to make different kinds of bags. The students also learnt about effort of the factory to use eco friendly canvas bags for packaging the Burlap bags. Mr Samriddha Burman also spoke to the students about organic farming and showed them different types of vegetables growing in the vegetable garden.

The pupils enjoyed a snack break in the beautiful garden and were overjoyed when they received gifts of beautiful jute bags and hand bands.

The factory visit was a wonderful experience for the pupils, an extension of learning beyond the classroom walls.



GRADE 3

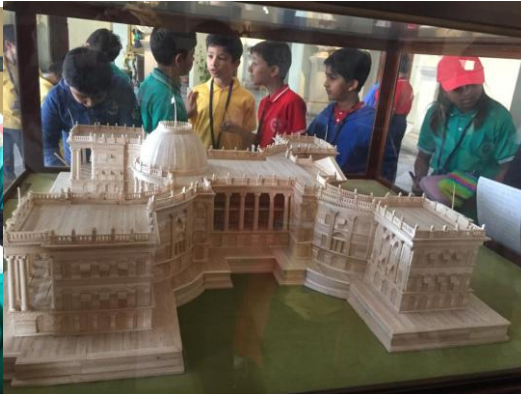


Grade 3 visited the Raj Bhavan (Governor's House) for their educational excursion on 6th February, 2020. They were escorted by the class teachers – Mrs. Datta and Mrs. Mokha, Mrs. Sinha Mitra and assisted by Arun Dada, who was extremely vigilant about the safety of the pupils. They began their trip with a visit to The Marble Hall, located on the ground floor of the Raj Bhavan. It is used for state and private meetings. The pupils were then guided to The Banquet Hall with rows of Doric pillars on each side, flowering chandeliers and black Mahogany tables. It has entertained eminent guests like Queen Elizabeth. On the first floor, children visited the Yellow Drawing Room, the Blue Drawing Room and the Brown Dining Room.

The pupils also visited the Throne Room which contains the throne of Wellesley. Next to it is the throne of Tipu Sultan. The room contains oil paintings of Mahatma Gandhi, Subhash Chandra Bose, Jawaharlal Nehru, Dr B C Roy along with an Urn used to carry Mahatma Gandhi's ashes. Children were extremely excited to be inside the Council Chamber which was used to preside over the executive and later the Legislative Council. Now it is used by the governor to hold large meetings.

The library of the Governor's House fascinated the children to no end. They were spellbound by the collection of 11,000 books belonging to the Governor's till date.

Before leaving the premises, children explored the exquisitely beautiful garden of the Raj Bhavan. It was a fascinating yet informative trip for all of us.



GRADE 4



On Thursday, the 6th of February, the pupils of Grade 4, accompanied by Mrs Nayar, Mr S Bardhan, Ms K Marwah, Mrs T Roy, Mrs A Bhattacharya, and assisted by Baby didi, went to Keventer's Agro Ltd for an educational excursion. The teachers and pupils were cordially received and warmly welcomed by Mr Naha and his team and taken to the Conference Room, where they were treated to Frooti, before an interesting and informative PPT on Keventers and its products was shown to them.

From here, the pupils were given safety instructions and then taken into the plant itself under careful supervision, Here, in the Beverage Section, they saw how Appy Fizz (an apple juice which is carbonated along with water) was made and packaged, and also learnt about the difference between Appy and Appy Fizz. They saw how Frooti was packed in the most hygienic way, how Appy Fizz was bottled, using the best of high-end technology in the plant The pupils were explained the process of bottling Appy Fizz in a simple way. They asked questions about the plastic used to bottle the Appy Fizz.

The pupils learnt that the Barasat plant has a capacity to process and produce enormous quantities of milk per day in pouches and in loose form for vending through insulated tanks. The pupils were taken to the Metro Dairy section and shown a very captivating PPT on how Metro Dairy ensures that its consumers are able to enjoy a steady supply of fresh, nutritious milk - a product often referred to as 'Nature's Complete Food'. Just as they were about to leave, the students were given packets of Keventers goodies and also a sumptuous lunch. They returned to school, happy, content, and well informed.





GRADE 5



On the 7th of February, 2020, the pupils of Grade 5, along with their teachers, Mrs S Ahuja, Mrs K Gandhi and Mr S Bardhan visited The Fort William, a historic 17th century fort situated in the lush Maidan area in Kolkata, on the Eastern side of the Hooghly River, and the headquarters of the Eastern Command in India.

The pupils, escorted by the Army personnel were taken on a guided tour starting from the Vijay Smarak, one of the significant entry points in this expansive area. They were then shown around the fort, the soldiers Barracks, the Treasury Gate, the Library, St. Patrick's Church, the Prison where Netaji Subhash Chandra Bose and other freedom fighters had been jailed, the cannons, the ammunitions used in old days, the Museum, and the War Memorial.

This excursion and their simple, interactions with the soldiers who were explaining the historical background of the Fort gave the pupils an insight into the history of Bengal, the architecture of the Fort, and the lives of the Indian soldiers.



Assemblies on Class Excursions



Class 5 - Visit to Fort William



Class 4 - Keventer's Agro Ltd



Class 3 - Governor's House



Class 2 - Aarbur and the Burlap Factory



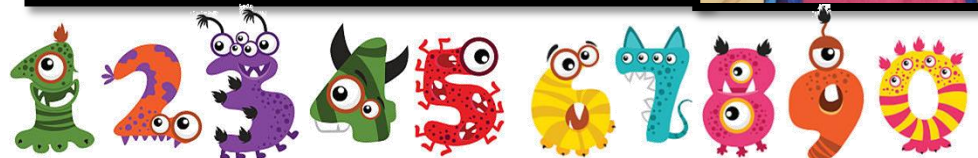
MATH SCIENCE QUIZ 2020



On 14th of February, 2020, Calcutta International School heralded the Inter House Math - Science Quiz for Grades 1 to 5. This Quiz aided the pupils to think from a different perspective, to develop and enhance their communication, collaborative, self-management and time management skills.

The quiz was divided into two categories – Category 1 (Grades 1 and 2) and Category 2, (Grades 3, 4 and 5). The quiz comprised of a Math round followed by a Science round. There were 2 activity rounds one of Math and one of Science, followed by a rapid-fire round for each team. It was interspaced by questions for the audience. The questions were mostly application based and reflected higher order thinking.

The quiz was conducted using audio visual aids, Math manipulatives and Science live experiments to maintain the active involvement of the audience and participants.



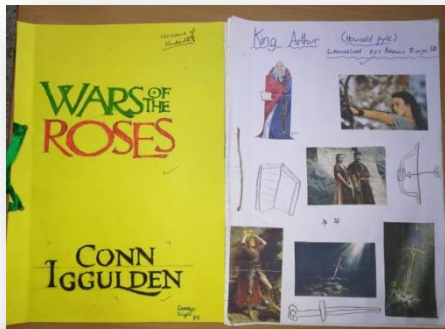
All the teams put in their best effort; the team that scored the most in Grades 1 and 2 was Green House followed by Red House and Yellow House. In Grades 3 to 5 the winning team was again Green House followed by Yellow House and Red House. The winning teams from each category were awarded trophies. All the participants received participation certificates.

Mrs Nayar, and Mr S Mukherjee appreciated the smooth flow of the questions from one group to the other and the team spirit within the houses. The learning outcome was praiseworthy and Mrs Nayar especially congratulated the Math and Science teachers for raising the bar and including a newer variety of questions this year.





Pupils of Upper Nursery did a 'Show and Tell' on 3D shapes by displaying models that they made using recycled materials such as a shoe box, soda cans, plastic bottles etc. They talked about the shape/shapes and the material that they have used to make the models. This is an initiative taken by the Math department, under the guidance of Mrs Antara Banerjee, to collaborate with Science to enhance the learning of the pupils by making them more aware of how Math can be related to other subjects and is a part of our daily life. They have also learnt the value of recycling through this activity.



Europe in the Middle Ages - A collaborative project was done in Grade 5 between History and English on Feudalism in Europe in the Middle Ages. The task set was to read any English novel, which is set in the Middle Ages, in Europe or has Feudalism as the background. The pupils had to create a booklet and in that write a short report on the feudal characters they came across like King, Queen, Baron, Lords, Knights, Peasants, Serfs, Clergy etc. They also reported on the setting and the political and social conditions of the people and created appropriate illustrations to depict Middle Age art and architecture of the monasteries and cathedrals.

The learning was that they could associate the facts learnt in Feudalism in History through the English novels they read and each pupil produced their own perspective of the boons and evils of a feudalistic society.



Food For Thought - A collaborative project was done in Grade 3 between History and English on the food habits of the Hunter Gatherers and the Early Farmers of Mesopotamia. The task was to write a recipe keeping the bare minimum available to the ancient people of those times. The English aspect of the project was to write, in correct format, the recipe. The pupils had to create a booklet and write the recipes of interesting dishes like pizza, fruit salads, porridge, stew, handmade bread, grilled meat etc. They also illustrated their project with printed or hand drawn pictures of the raw items and of the food prepared.

The learning was that they could associate the facts learnt in History and come up with creative and innovative ideas to write recipes according to the format learnt in the English lessons.



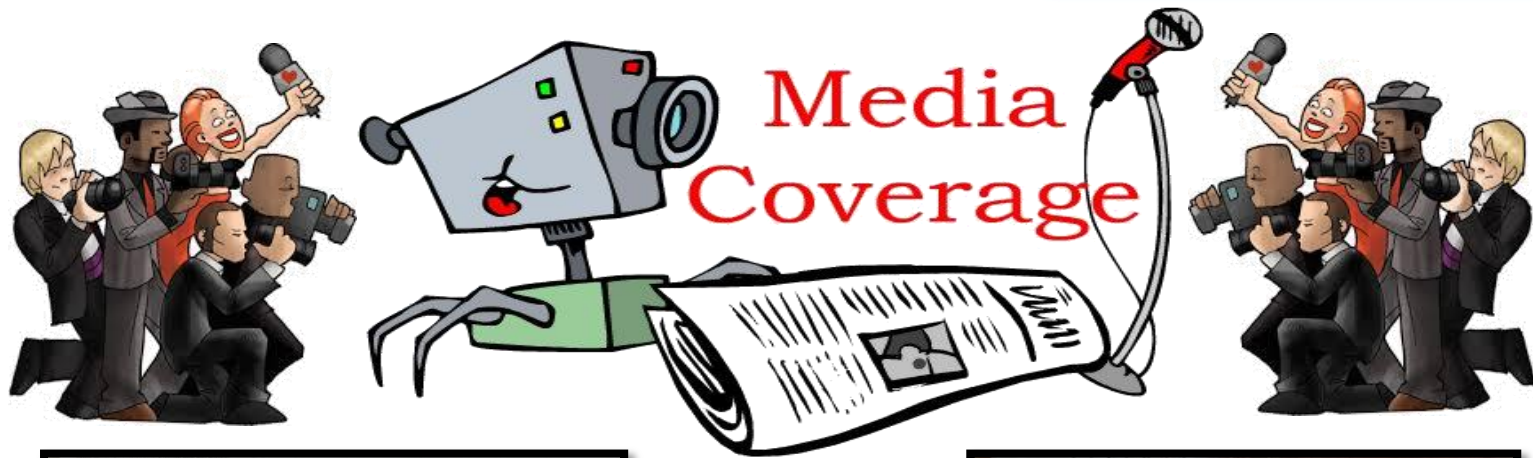
The pupils of Grade 3 engaged in a unique book exchange programme called '**Book Barter**' on the 14th of February, 2020. This experiential learning activity was a collaborative project between English (encouraging the love of reading books), Science (recycling – by using old newspapers as wrapping papers and old paper bags for carrying the books) and History (application of the concept of Barter System).

On this day, the classroom gradually transformed into a market and pupils bartered story books with their friends amidst a lot of enthusiasm and mirth. That day pupils went home with bags full of story books and an experience of a life time.

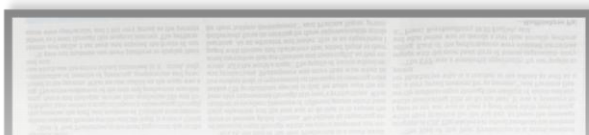




Pupils of Grade 3 participated with enthusiasm in a hands-on activity depicting a market place. They learnt the names of vegetables and fruits in the vernacular languages. The pupils enjoyed applying their calculation skills in a real life situation. This activity was done in collaboration with Math - calculating the cost, weighing, selling and buying in kilogram, gram and dozen.



Media Coverage





Inter-House



Cricket Tournament

The Inter House Cricket Tournament for the boys of Grades 3-5 took place from 17th to 19th February, 2020. The finals were held on the 19th of February. Yellow House won the tournament while Green House was declared the runner up.



The Inter House Cricket Tournament for the girls of Grades 3-5 took place from 24th to 26th February, 2020. The finals were held on the 26th of February. Green House won the tournament while Yellow House was declared the runner up.





STUNNING ACHIEVEMENTS

We are proud to congratulate Rudransh Kathotia, of Grade 4B, and Ansh Garodia, of Grade 5B. Rudransh took part in the Class event for Posture and Control of Horse at Tolly Club on the 26th of February, 2020 and secured the first position. Ansh also secured the first position in the 'Confined Riding' event which took place on the 15th of February during the Horse Show at the same venue.



CIS is thankful to each and everyone who has made the school a better place for everyone. Mr Arun Rout and Mr Subhas Das received the Loyalty Award for their long service and dedication.

ARUN ROUT: joined CIS on 1st September 2004. He is a hard working, humble and sincere member of the non-teaching staff. He received the loyalty award for the completion of dedicated service of 15 years in Calcutta international school.

SUBHAS DAS: joined CIS on 15th October, 1984, when the school was still located at Lee Road. He is extremely sincere about his duty. He received the loyalty award after completion of 35 years of service in Calcutta International School.



Metacognition and Effective Classroom Talk

A Workshop on 'Metacognition and Effective Classroom Talk', Enrichment Programme was attended by Junior School Principal Mrs Pratima Nayar, Coordinators of Science and Languages - Mrs Sujata Ahuja and Mrs Sushmita Ray on the 17th and 18th of January, 2020 in Sancta Maria International School, Hyderabad. In the two days, teachers were exposed to different theories, metacognitive strategies and meaningful activities related to effective classroom talk.

An enriching session was conducted by the Junior School Principal and the Coordinators on the 14th of February, 2020 with their colleagues. The aim of the session was to share and facilitate the implementation of the brilliant ideas and strategies related to metacognition and effective classroom talk in the teaching learning process.



"The session was interactive and kept us engaged in meaningful discussion and healthy debate too! The 'colour coded hats' is an innovative idea. I can try to implement it in my Hindi lesson for comprehension topic discussions."

– Ms A Tewari



"The session was good and interesting. Understanding the mind set of an individual be it student or teachers is very important in the day to day teaching. It enlightened ways to encourage and approach ones thinking skills. Thought provoking feedback is very important in daily teaching. Good workshop."

– Mrs. I. Mokha

"The aspect I liked most was that it was given by our in house teachers and Mrs Nayar so it was a personal and comfortable space. They kept it interesting and engaging for all of us. I liked the discussion on Active and Passive learners. The CIS motto is active learning so I truly believe there is only one way of learning effectively..."

– Ms L Khanna

"The session conducted on the 14th of February was interesting. I am keen on incorporating some of the aspects of the session in my regular teaching classes. I especially liked the questioning technique used to navigate the learning. However I am concerned about the time constraints." – Mrs T Roy



Management of Mental & Developmental Disorders

The School Counsellors, Mrs Farishta Dastur Mukerji and Ms Spriha Patronobis, attended an interactive session on Management of Mental and Developmental Disorders on 25th February, 2020. The programme was organized by The Indian Chamber of Commerce (ICC) in association with Caring Minds, a psychological wellness centre in Kolkata.

The keynote speakers for the day - Eminent Child and Adolescent Psychiatrist Dr Manoj Shah, and the leading Neuropsychologist, Dr Purna Shah, from USA, focused on the whole spectrum of support and care that is needed for individuals with mental and developmental difficulties - right from combating taboo in seeking mental health support, early identification and intervention, to collaborative efforts between school-parents-clinicians and ultimately sensitization of the society so that we can create a more inclusive environment.





From the Counsellor's Desk



On 18th February 2020, Mrs Pratima Nayar, Principal, Junior School, spoke to the pupils of Grades 5A and 5B in their classrooms, in the presence of the School Counsellor, Mrs Farishta Dastur Mukerji.

Mrs Nayar explored the feelings of the students before the Cambridge Primary Checkpoint, while addressing the concerns regarding the same. She also spoke to the pupils about 'safety' in general and within the school.

The pupils were very receptive and expressed all their concerns. It was a very fruitful session, much enjoyed by the pupils.



On the 17th and 18th of February 2020, the School Counsellor Mrs Farishta Dastur Mukerji conducted classroom sessions with Grades 3B and 3A respectively.

The sessions were aimed at creating a 'safe space' for students to express their concerns and feelings. Classroom dynamics and interpersonal relationships were the main points of focus during the interaction with the pupils. It was an insightful and fruitful session.



*Happy
Holi*

THE CIS HERALD TEAM

WISHES ALL ITS READERS



A VERY HAPPY HOLI



EDITORIAL TEAM

Mrs Neelam Choudhary, Mrs Sharmila Majumdar, Ms Neha Dixit, Mrs Sukanya
Singhal, Mrs Nitti Khaitan, Mrs Tanbir Datta and

Ms Amanda DuPratt