



Volume: 2

CIS HERALD

August Newsletter

03.08.19 and 20.08.19 - Students of Grades 4 and 5 studying the German Language will attend two events at Goethe-Institute / Max Mueller Bhavan Kolkata.

03.08.19 - Theater Performance by “Die Mimosen”, a theater group from Germany

14th August 2019- India and Korea Day Celebration for Primary and Junior School

20.08.19 - Live Performance by the German music band “Erfindenker”

31st August 2019- PTM for Pre Nursery and Class 1 Inter Class Table Tennis tournament to be held in August.

Workshop

A session ‘Emotional Development of Children’ to be held with school counsellor Mrs Farishta Dastur Mukerji and the parents.

1st August 2019 - Grade 5.

5th August 2019 - Grade 4.

7th August 2019 - Grade Pre Nursery.

8th August 2019 - Grade Nursery

19th August 2019 - Grade Upper Nursery

Swimming Meet

27th August 2019 - Inter House Swimming Heats Grade 2 upwards to be held in Calcutta Swimming Club.

30th August 2019 - Inter House Swimming Meet for Grades Pre Nursery to 12 to be held in Calcutta Swimming Club.



Orientation on Jodogyan and Jolly Phonics



An orientation on “Jolly Phonics and Jodogyan”, was conducted for the parents of Pre-Nursery on 11th July. Jolly Phonics is a multi-sensory method of teaching letter-sound association in English and Jodo Gyan, has innovative methods and aids for developing number concept among young learners.

This was a wonderful opportunity for the parents to understand the methodologies followed in Pre-Nursery.

Camping
in
the
class



A tent was created in the Pre Nursery classroom as the children are learning about the phonic sound t..t... The children were excited to have their snack time in the tent and listen to a story on camping .



Toddler Cricket is Fun!



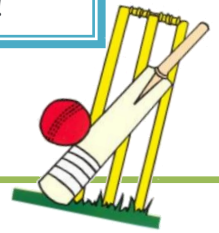
As the excitement for the World Cup was building up we decided to collectively cheer for Team India and our 'Men in Blue'. The children and teachers of Upper Nursery dressed in blue T- shirts and their cricket gear to play a game in school on 8th July, 2019. It was a fun game and we had the Indian flag waving proudly in the background!



Team Upper Nursery is the Best!!! We are WINNERS Always!!



Proud of Team India!



We played like Lions, we ruled the jungle of Cricket and even though we didn't make it to the finals of the World Cup...we played as a Team and fought well!!

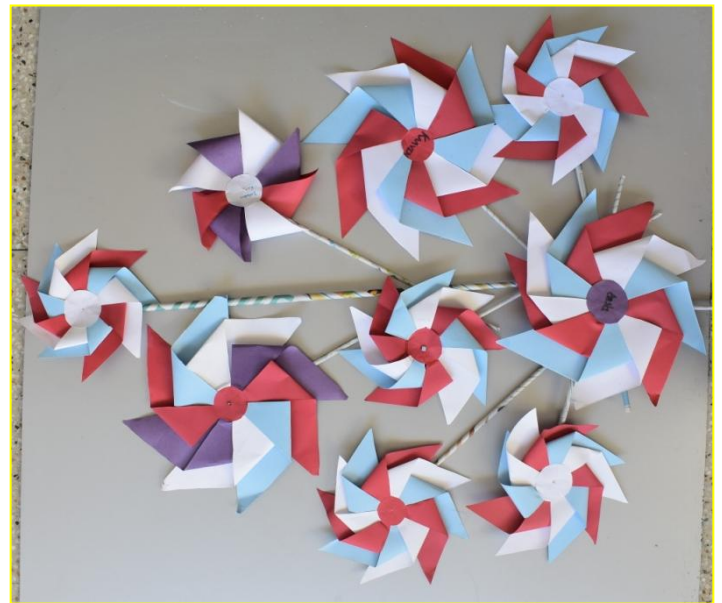
The children of class 5A and 5B played a cricket match in the school grounds to support Team India. They were divided into two teams each led by the two able captains. They came all geared up, played with a lot of enthusiasm and thoroughly enjoyed themselves. They displayed excellent team spirit.



The objective of having this game was to understand the importance of "Cooperation" and "Team play" which was the theme of their value education lessons this month. They realised that Together Everyone Achieves More.



This year on the occasion of Bastille Day, the French department of the Junior Section spent the week 8th-14th July doing activities related to the occasion. In collaboration between French and Art, Mr. Bardhan (Art teacher) guided the students, to artistically use the colours of the French Revolution – blue, white and red to make tricolour cocardes (Class 5) and beautiful pen stands (Class 4).



The students from classes 3-5 watched a ppt on Storming of the Bastille on 14th July, 1789. This was accompanied by interactive discussions on the National Festival of France in which Mrs. Sarkhel, (French teacher) spoke to the students about the information shared on the ppt and answered queries of the learners. Students also, shared interesting facts about the Bastille Day and made informative charts on the personalities and symbols related to the French Revolution.



Parent Orientation

The Parents' Orientation Programme for Grades Nursery to Grade 5 was successfully conducted on July 20th, 2019 at CIS.

The parents of Nursery and Upper Nursery were warmly welcomed by Mrs. Nayar, Mrs. Majumdar and the teachers. The Upper Nursery parents were briefed about the CAIE Stage 1 curriculum which begins in Upper Nursery.

Parents of Classes 1 to 5 were acquainted with important aspects related to the School and the Curriculum by Mrs. Nayar and Mrs. Choudhary. The Class Teachers along with the Subject Teachers interacted in an open forum, addressing concerns and discussing guidelines for parents and students to follow for the smooth day to day functioning of the school.

The Guidance Counsellor, the School Counsellor, the ECA Coordinator and the Special Educators were also a part of the Orientation who informed parents of their role in school and updated them of the upcoming events and workshops to be held in the course of the year. The session was successful and we look forward to an enriching year ahead.



Grade Nursery



Grade Upper Nursery



Mrs Nayar addressing the parents



Grade 1



Grade 2



Grade 3



Grade 4



Grade 5



Foreign Languages: Mandarin and French



Subject Coordinators: Mathematics, Science and Languages

SEN Department

Career Counsellor





Plantation Drive



A “Plantation Drive” was organised in school on the 23rd of July, 2019. This initiative was supported by ‘KOLKATA CLEAN AIR’, ‘GREEN LEGION’ and ‘[Banglanatak dot com](http://Banglanatak.com)’, and was a fruitful, day long activity. The aim of the project was to create amongst the young learners of CIS, awareness about the ecological problems faced by our planet Earth. It also tried to develop in them a sense of responsibility towards mother earth.

The programme was attended by Mrs. Lata Bhatia Founder of GREEN LEGION, Ms. Rajayshree from Bangla Natak, Mrs. Gargi Maitra who is presently the Co-founder and Program Lead at Kolkata Clean Air, Mrs. Pratima Nayar- Principal Junior School, Dr. Munmun Nath – Principal Senior School, Sections Heads, teachers and students of the Junior School.



All students from Grades 1 to 5 gathered in the AVR for a short orientation by our Science Coordinator, Mrs. Sujata Ahuja who briefed the students about the role of plants in the water cycle. After this, Mrs. Lata Bhatia addressed the students about the importance of plants in our lives.

The students then went to the backyard of our school and planted saplings. Each class was accompanied by the teacher and they worked in groups to plant the saplings. They were shown worm compost, also called vermicompost which they used during the plantation.





The Plantation Drive was an important hands on activity that served to establish a direct and ongoing connection between the students and Nature.

Investiture Ceremony

The Junior Section of the Calcutta International School gathered in the AVR on 26th July 2019 for a very important event on the school calendar - the Investiture Ceremony.

At the ceremony, Prefects from Grade 5 and Junior Prefects from Grade 4, each representing their Houses were officially appointed as members of the Junior School Student Council.



Mrs Neelam Choudhary, Junior Section Head, welcomed the gathering. Mrs Nayar, Junior School Principal addressed the students and the newly appointed council members. She highlighted their role and responsibilities as she shared words of wisdom and encouragement with them. Honesty, impartiality and compassion were the key qualities, which she upheld to the young prefects, to practice in their daily interaction with the students.





Mrs Nayar, next handed over the badges and administered the oath of office as the new office bearers proudly held the House flags and batons handed by their House Masters and House Mistresses.



The School Head, the Deputy Head, Additional Deputy Head, House Captains offered their encouragement and congratulations to the young leaders.

The solemn Investiture Ceremony concluded with a vote of thanks and the singing of the School Song.



Check Point Success

Friday, 5th July was a day for yet another celebration. The current Grade 6 students, who had appeared for the Cambridge Primary Check Point Examination in April 2019, were invited for a cake cutting ceremony to celebrate their success at the exam. Mrs Nayar along with Mrs Choudhary, Mrs Ahuja, Mrs Banerjee, Mrs Schafranski, Ms. Marwah and Mr Bardhan applauded the Grade 5 batch of 2018-19 for their hard work and excellent results.

Mrs. Nayar also acknowledged and thanked the teachers of Junior School who were instrumental in guiding the students of Grade 5 for the Check Point Exams in April 2019 and nurturing them through their journey in Junior School.

We wish the students the very best in Middle School!



Awards and Accolades

"The quality of a person's life is in direct proportion to their commitment to excellence, regardless of their chosen field of endeavour." - Vince Lombardi

In CIS, we value and celebrate the service of each of our team members.



This July Mrs. Nayar felicitated Mrs. Sushmita Ray for completing 15 magnificent years of dedicated service to the school. She has been part of many events in CIS and has remained successful in getting honour and glory to the organisation. Her recent accomplishment as the Junior School ISA Coordinator is praiseworthy. Currently she is the Junior School Subject Coordinator for Languages. Mrs. Nayar and other senior members of the school spoke about their long and wonderful association with Mrs. Ray, who in turn expressed her heartfelt gratitude to the institution.

Along with her, Mrs. Nitti Khaitan,, Mr. Tathagata Mukherjee and Mrs. Urmita Das were also felicitated for completing 5 years of dedicated service in CIS. As many anecdotes and laughter filled the occasion, we took inspiration from such everlasting devotion and attachment to CIS.



Congratulations and wishing you all many more successful years ahead.

MBWA Swimming Meet

The Junior Section assembled in the IGR on Friday, 5th July 2019 to celebrate the success of four of our students who participated in 5th Inter School Aquatic Meet held at Mahadevi Birla World Academy, on 27-28th June, 2019. At the assembly, Mrs. Nayar acknowledged Prisha Rampuria, Shivika Johri, Adira Singh, Eleena Khan and Yashvee Singh of Class 5 who took part in various categories of the swimming event.



The participants shared their experiences of the Aquatic Meet.
Calcutta International School –Junior team was declared the overall champions at the meet and the Senior team was the runner up.
Heartiest congratulations! We are proud of you!

Young Ruskin Bond

On the 29th of July, the students of Grades 4 and 5 took part in a short story writing competition, 'In search of Young Ruskin Bond', to be judged by celebrated author Mr. Ruskin Bond.

Mr. Ruskin Bond, launched a competition on 2nd May 2019 in Kolkata to encourage story writing among students. The students attempted fictional stories and non-fictional personal narratives, which they completed during school hours. The stories have been collected and sent for review. Winners of this competition will be selected by the author Ruskin Bond himself.





Musik, Ton und Klang...

A morning of Musical notes and Harmony

The last day of July, ushered in a delightful musical performance by the German musician Dr. Marcus Schmidt.

Grade 5 students (learning German) warmly welcomed Dr. Schmidt with a few lines in German, which was impressive and noteworthy.

The rest of the morning was given over to enchanting duets between eastern and western instruments as Dr. Schmidt demonstrated his expertise using the guitar and the sitar accompanied by the brilliant tabla player, Mr. Sajib Pal.



Dr. Schmidt answered the numerous questions asked by the students, concerning the various instruments and implements used. He also talked about his childhood and emphasized the need to develop one's imagination and follow one's dreams. The musicians also added that passion and discipline are essential qualities to succeed.



Two of his compositions were played using the guitar which conjured up the 'cool Nordic breeze of Germany'. The poignant piece on the sitar depicted an imaginary conversation between 'Shah Jahan and Mumtaz Mahal which was full of pathos and longing'.

The crowning glory was an improvisation duet by Mr. Mukherjee, our music teacher, playing the piano accompanied by Dr. Schmidt on the Guitar.



The audience was entranced! It was a true amalgamation of east and the west at its very finest!

From the Counsellor's Desk

On the 3rd of July, School Counsellor, Mrs. Farishta Dastur Mukerji, conducted a classroom session in Grade 4. The objective was to increase empathy and create self awareness of Thoughts-Feelings amongst the students. The students took turn to share feeling words (positive or negative) about how they felt on that day.

The interactive session was fruitful and a safe space was created where the emotional needs of the students were addressed.

A similar session was held on the 10th of July, by Mrs. Dastur Mukerji, in Class 2 B. Here again the objective was to increase empathy and create self awareness amongst the students. They were asked to share their understanding surrounding feelings which gave the students' time to reflect. The interactive session was thoroughly enjoyed by them.



Bullying and it's impact on young minds

Bullying is a reality many children are facing every day. A lack of awareness makes many students and adults face bullying behaviours as though it is 'ok' to be bullied. Bullying can have lifelong impacts, and have a negative impact on a child's 'self-perception' in the long run.

Bullying refers to an unwanted aggressive behaviour involving real or perceived power imbalance. This is often repeated or has the potential to be repeated over time, causing serious and lasting problems for those who are bullied. It, therefore, becomes important to identify any indications of such behaviour right at the onset.

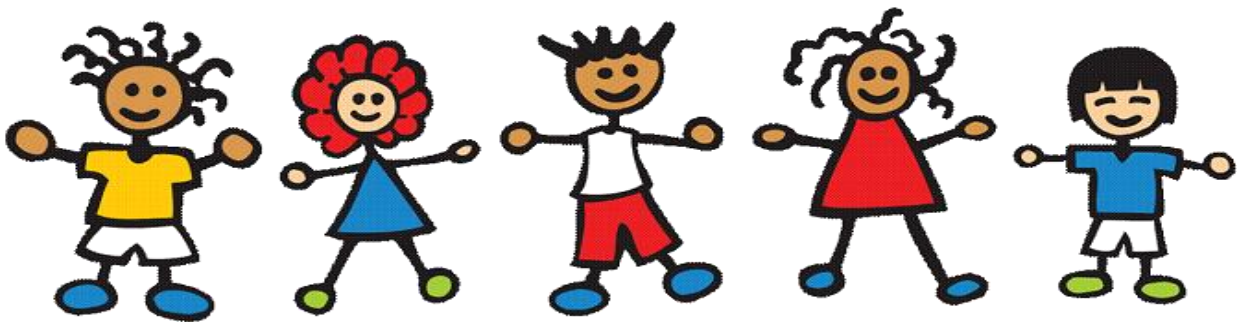
Continued bullying has impacts on behaviour patterns, and some of the signs that parents should watch out for include a sudden change in behaviour, trouble in sleeping, lack of appetite, lack of interest in activities they once enjoyed, and a deteriorating academic record.

As parents what can you do if you feel or know that your child is being bullied:

- **Start early.** Parent-child talks are essential. Teach kids to respect others before they start school and continue to talk about this topic on an ongoing basis. Even small acts of teasing should be stopped in their tracks. Don't fail to correct this kind of behaviour due to a child's young age. This is exactly when to stop it.

- **Teach your children how to be assertive.** Encourage your children to express their feelings clearly, say no when they feel uncomfortable or pressured, stand up for themselves without fighting and walk away in dangerous situations.
- **Stop bullying when you see it.** Adults who remain silent when bullying occurs are encouraging it and making it worse. As important as it is to empower your child, it is also important to stand up for your child if he/ she is feeling helpless.
- **Listen and support children who speak up.** Telling an adult about bullying is not easy for children. If a child comes to you seeking assistance with bullying, spend time listening to them and provide affirmation and support before taking actions.
- **Awareness:** Online literacy and safety must be advocated from a young age, and parents, educators and teachers must provide active awareness about cyber safety for children.

Finally, if you feel that your child is unable to tackle the bullying behaviour by himself / herself- seek help!



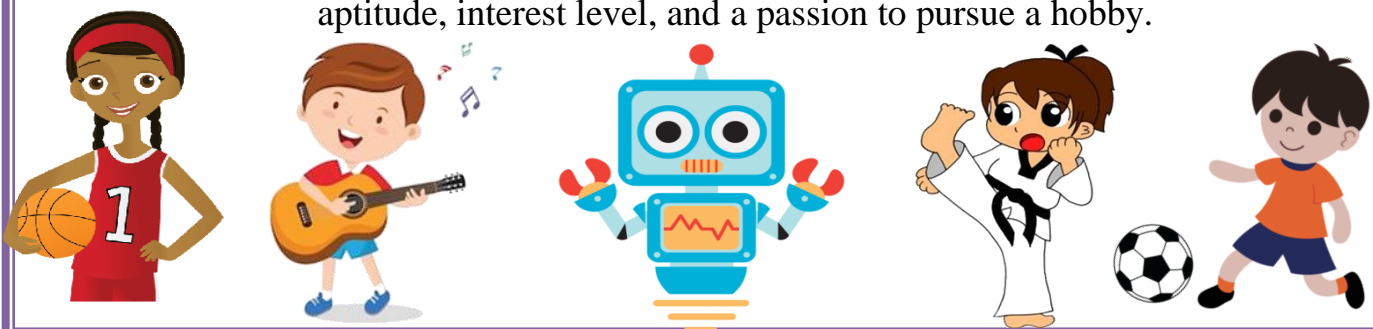
ECA

ECA commenced on the 1st July for the session 2019-20 with eight on campus activities ranging from various **outdoor** sports like- basketball and football and **indoor** games like – chess, table tennis and combat sports like – taekwondo. Along with these sports, **creative activities** like – western dance, robotics and guitar are also part of the CIS Extra Curriculars.

In Basketball, students are presently learning the elementary skills and the advance learners are honing their technical skills to prepare for matches. The Taekwondo advance students are learning **Pumsae** and the beginners are learning different kicks and punches. In Chess, students are brushing up their analytical skills and in Western Dance students are getting familiar with the dance form called jazz.

The Guitar students have just started learning the basic chords of guitar. In Table Tennis, students are getting trained with the basic skills of the sport like- grips, different services etc. Football will commence from November after the completion of the renovation of the school ground.

The objective is to provide a platform to each child keeping in view the individual skill sets, aptitude, interest level, and a passion to pursue a hobby.



Calcutta International School junior section hosts Social Study Fest



Media Coverage

The Social Studies Fest held in the month of May 2019, was featured in the Times of India – Student Edition on the 17th of July 2019. The article highlighted the inter-disciplinary approach of the Fest where study of History, Geography and Social Studies were integrated with other disciplines.

Thank You!

Thank you students and parents for your generous contribution to help the people of the flood hit areas of North Bengal, Bihar and Assam. The dry ration collected by Grades Pre Nursery to 5 along with the other materials will be sent to GOONJ (NGO involved with disaster relief and rehabilitation). Your overwhelming response helped CIS to extend a helping hand to the society in times of need.



Editorial Team



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Mrs N. Choudhary, Mrs S Majumdar and Mrs U Das*