

Vol - 1
June - August 2025



CIS HERALD

Monthly E-Magazine published by Junior School

Table of Contents



Newsletter	Page 1
Welcoming the Shining Stars of Grade Pre-Nursery	Page 2
Yoga Day in Grade Nursery	Page 4
Orientation of the Parents of the Primary Section	Page 5
SEN Session for the Primary Section Teachers	Page 7
New Beginnings: Junior School assembly welcomes students back	Page 8
ECA Orientation: Building stronger connections	Page 9
Parent Orientation of the Junior Section	Page 10
Voices and Visions: CIS celebrates La Fête Nationale with heart and art!!	Page 13
CIS shines at Ruby Park Junior Fest	Page 16
Celebrating global harmony at Alaap 2025	Page 18
Swift response to security concern	Page 20
Lifeskills session for Grade 5 by the school counsellors	Page 21
Session on Leadership for students: What it means to be a leader?	Page 22
Empowering Teachers: Understanding neurodiversity and effective class management	Page 23
Transforming Education with AI: Session for teachers	Page 24
Professional Development	Page 25
Strengthening community commitment through furniture and book donations	Page 26
An open library to foster spontaneous reading	Page 27
Student achievements: Math wizards make CIS proud internationally	Page 28
Student achievements: Taekwondo championship achievements	Page 29
Student achievements: Kalaakriti Award	Page 30
More student achievements	Page 30
Red House welcomes new House Master	Page 31



Newsletter

Events in July



Tuesday, 1st July- ECA begins

Saturday, 5th July - Parent Orientation for Grade Pre Nursery, Grade Nursery and Grade Upper Nursery

Wednesday, 16th July - Student Council Elections

Saturday, 19th July - Orientation for Parents of Grades 1 and 3

Saturday, 26th July - Orientation for Parents of Grades 2, 4, 5

Thursday, 31st July - Junior Section Student Council Investiture Ceremony



Events in August

Tuesday & Wednesday, 5th & 6th August - Financial Literacy Workshop

Wednesday, 13th August - Independence Day Assembly- Primary Section

Thursday, 14th August - Junior School Independence Day Assembly by Grade 3

Tuesday, 19th August - Swimming Meet Heats for Grades 4 & 5

Friday, 22nd August - Swimming Meet

Wednesday, 27th August - Junior School Football Teams Trial- Boys

Monday to Tuesday, 11th to 26th August - Author Visits for Grades Pre Nursery to 5

Welcoming the Shining Stars of Grade Pre-Nursery!

We are thrilled to welcome the newest members of the CIS family as they step into Grade Pre-Nursery for the academic session 2025–26. With smiles, curiosity and tiny footsteps, our little ones have embarked on a delightful journey of exploration, learning and laughter.



Welcoming the Shining Stars of Grade Pre-Nursery!

Mrs. Nayar visited each Pre-Nursery classroom, warmly interacting with the students and making them feel at home. Her thoughtful gesture of gifting chocolates brought wide smiles and added a special touch to their welcome at CIS.

Here's to a wonderful year ahead filled with happy moments and meaningful learning!



Yoga Day in Grade Nursery

Yoga Day was celebrated by the students of Grade Nursery on June 19, 2025. The session, led by PE teachers Mr A. Samad and Mr K. Sinha, gently guided the young learners through simple breathing exercises and enjoyable yoga poses. The learners actively participated in stretching, balancing, and relaxing their bodies. This experience fostered a sense of calmness, enhanced focus, and provided an early awareness of health and wellness. It was a refreshing morning that emphasized the significance of mindfulness and physical well-being.



Orientation of the Primary Section

An orientation for the parents of Grades Pre-Nursery, Nursery, and Upper Nursery was held on July 5, 2025, in the music room. The session began with a warm welcome by Mrs. Pratima Nayar, Junior School Principal, and Mrs. Sharmila Majumdar, Primary Section Head.

Parents were introduced to the class and subject teachers, followed by a PowerPoint presentation shared by the class teachers. The presentation outlined important rules, routines, and academic guidelines for the year ahead.



Grade Pre Nursery



Orientation of the Primary Section

The session also provided an opportunity for parents to interact with the teachers, counsellors, and the Special Education team. This interaction helped parents gain insight into the academic structure, classroom expectations, and support systems designed to ensure each child's holistic development.



Grade Nursery



Grade Upper Nursery



Teachers' Workshop

Supporting Every Learner - Identification and Effective Management Strategies

On 13th of June 2025, the SEN Department organized a session on 'Supporting Every Learner Identification and Effective Management Strategies', for Primary Teachers, to support Early Childhood Learners. In early childhood education, every learner deserves to be seen, supported and set up for success. Children between the ages 3-6 years experience rapid cognitive, social and emotional development. During these formative years, children develop foundational skills that influence their life long learning and well-being. Recognizing the importance of timely identification intervention of neurodiversity, the session focused on equipping educators with the tools and strategies necessary to ensure that each child's individual learning needs are understood and addressed appropriately.



The session encouraged active participation and collaboration. Teachers engaged in hands-on activities, reflected on early classroom situations and shared their personal experiences. These exercises helped in building a deeper understanding of how to identify subtle needs and respond with effective, inclusive strategies.

There were essential points covered on Identifying Sensory Red flags in the classroom. Activities were conducted, based on various classroom scenarios and identifying the needs of the diverse learners. Understanding the difference between Sensory Avoiding vs Sensory Seeking behaviour and Sensory processing difficulties and clues to understand the needs of the children with the difficulty.

The session's primary aim was to provide practical insights and foster a renewed commitment among teachers to create inclusive, supportive and nurturing learning environments for all students. The interactive format allowed participants to explore challenges collaboratively and left them better prepared to recognize and address developmental and sensory needs within the classroom.

New Beginnings:

Junior School Assembly Welcomes Students Back

On June 20th, the first assembly for the session 2025-26 was held. The assembly welcomed students back after the summer break. It marked a fresh start for the new academic year, filled with excitement and anticipation. Mrs. Nayar and Mrs. Choudhary extended a warm welcome to the new students, introducing them to the Junior School family. The new students took the opportunity to talk about themselves and share their interests with their peers and teachers. Mrs. Nayar concluded the assembly with inspiring words of wisdom and motivation, extending warm wishes for luck and success to both returning and new students as they embark on their Junior School journey.

Following the assembly, Mrs. Nayar, the Junior School Principal, personally interacted with the new students, making them feel welcomed and a part of the CIS family.



ECA Orientation - Building Stronger Connections!

We had a great turnout at our recent Extracurricular Parent Orientation, which was held in the IGR on June 20th 2025, where parents met our experienced coaches and the extracurricular coordinator. The event was a success, supporting communication and collaboration between parents and our school team. Parents learned about the exciting range of activities offered, from sports which included basketball, football, cricket, table tennis, to music and Western Dance, and various STEM activities like Robotics and Chess, along with Martial Arts and Western Dance, and gained valuable insights into how these programs support student growth and development. Coaches shared their program and schedules with parents during one-on-one meetings. The orientation highlighted the importance of teamwork between parents, coaches, and the school to create an enriching environment for our students. Thank you to everyone who joined us and contributed to making this event engaging and informative! Stay tuned for more updates on our extracurricular programs and upcoming events. Together, we're shaping an energetic and dynamic school community!



Parent Orientations - Junior Section

The Parents' Orientation programmes were conducted successfully on 19th and 26th of July, 2025. Mrs. Nayar warmly welcomed the parents and introduced them to the Junior School Section Head and the Subject Coordinators. The Class Teachers, revisited the school rules and guidelines to be kept in mind for the next academic year through an interactive and engaging Google Form. The subject teachers were introduced; the SEN and Counselling departments also spoke to the parents. At the end, the parents interacted with the teachers to clarify their doubts. We look forward to a fruitful and exciting year ahead.



Grade 1



Parent Orientations - Junior Section

Grade 2



Grade 3



Parent Orientations - Junior Section

Grade 4



Grade 5



Voices & Visions

CIS Celebrates La Fête Nationale with Heart and Art!

As part of the Bastille Day Celebrations 2025, CIS students embraced the spirit of La Fête Nationale through powerful expression and artistic exploration, in collaboration with the Alliance Française du Bengale.

On 11th July, four spirited students from Grades 4 and 5 proudly represented CIS at a thought-provoking Elocution Competition titled “ My Declaration of Human Rights” / “Ma déclaration des droits humains.” Held at the Alliance Française premises on Park Street, the event provided a meaningful platform for young voices to reflect on the core values of human dignity, freedom, and equality. Through eloquent speeches and heartfelt convictions, our young orators advocated for a fairer world. A special mention goes to Pratham Pal (Grade 4) who made CIS proud by securing a winning position in the Primary Category. Bravo to all participants for their courage, clarity, and commitment to justice!

Simultaneously, our young artists from Grades 3 to 5 immersed themselves in the vibrant world of French art and culture:



Voices & Visions

CIS Celebrates La Fête Nationale with Heart and Art!

Grade 3 – Les Débutants: Our budding artists joyfully coloured iconic French imagery—from the Eiffel Tower to cheeses and perfumes—celebrating France’s rich cultural tapestry.

Grade 4 – Inspired by Cézanne: Students explored the techniques and artistic legacy of Post-Impressionist master Paul Cézanne. Their still life compositions and upcoming research posters reflect a thoughtful engagement with his work.



Voices & Visions

CIS Celebrates La Fête Nationale with Heart and Art!

Together, through their words and artwork, CIS students honoured Bastille Day by expressing what it truly means to be global citizens. Félicitations à tous!

Grade 5 – Art Meets Language: Inspired by French artist Christo, students recreated Parisian landmarks like the Eiffel Tower and Pont-Neuf using recycled materials. Integrating vocabulary and cultural learning from French lessons, the project culminated in a striking black-and-white Paris skyline installation—an ode to sustainability, creativity, and cross-disciplinary collaboration.



CIS shines at Ruby Park's Junior Fest

Students from CIS, ranging from Upper Nursery to Grade 4, enthusiastically participated in the Junior Fest hosted by Ruby Park Public School on 19th July. They showcased their talents across a wide range of events including song, dance, storytelling, story narration, fashion show, recitation, enactment, pantomime, as well as mask and poster making.

Despite their young age, the children displayed remarkable confidence and ease in a new environment. They interacted warmly with students from other schools, made new friends, and embraced the spirit of healthy competition. Their performances reflected not only creativity but also a strong sense of joy and involvement.



CIS shines at Ruby Park's Junior Fest

It was a wonderful opportunity for them to learn, grow, and appreciate the diverse talents around them. A special mention goes to Shaon Mitra of Grade 1 and Arjun Vohra Kejriwal of Grade 2, who secured the third and second positions in Role Play and Spin a Tale, respectively.

The day ended on a cheerful note, filled with memories, friendships, and a sense of accomplishment that will stay with them for a long time.



Celebrating Global Harmony at Alaap 2025

A Reflection on Togetherness, Culture, and Young Peacemakers

On the 22nd of July 2025, The Heritage School hosted Alaap 2025, a non-competitive, collaborative fest for Classes III to V. With the theme “Global Harmony and International Relations”, this year’s Alaap encouraged young minds to learn about neighbouring countries, celebrate cultural diversity, and take steps toward peace and understanding.

The event was a rich blend of creativity, learning, and meaningful dialogue. Our students proudly represented our school across all four segments of the event: The Solidarity Walk, Know Your Neighbours, Cultur-all, and Colloquy.

In **The Solidarity Walk**, our participants - Arohi Kedia (3B), Kaveer Agarwal (4B), and Ripanshi Dutta (5A), along with all other participants from other events, walked with pride, draped in traditional attire and carrying the flag of Indonesia (the country assigned to CIS).



The Solidarity Walk



Colloquy

The **Know Your Neighbours**, audio-visual quiz showcased the knowledge and quick thinking of Aneesh Chatterjee (3B), Aarav Nirmal (4B), and Lavik Agarwalla (5B).

The **Cultur-all** segment was a colourful expression of art, where Tammana Bhutoria (5B), Miraaya Agarwal (4B), and Samara Bagaria (3B) came together to create a unified artwork, each contributing a piece of the whole.

In **Colloquy**, our young peacemakers spoke about empathy and tolerance in today’s world. Representing the school were Soraiya Singh (5A), Aaira Jain (4A) and Noa Alma Munshi (3B).

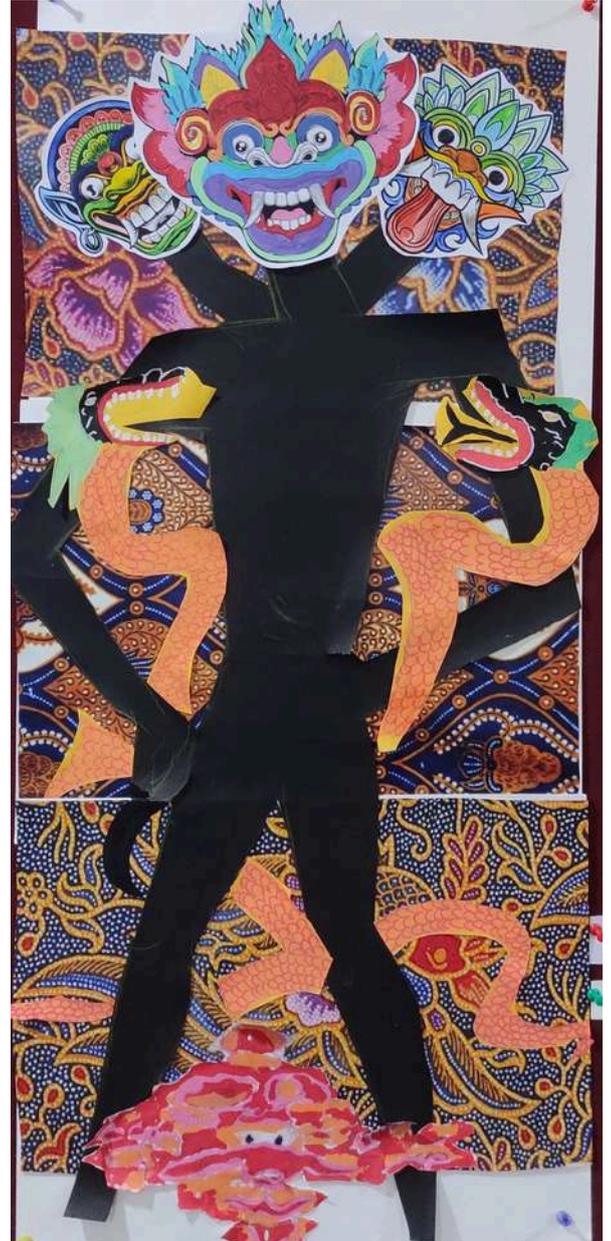
Celebrating Global Harmony at Alaap 2025

A Reflection on Togetherness, Culture, and Young Peacemakers

The key takeaways from the event emphasized promoting peace, cultural celebration, collaboration, youth empowerment, and global unity through empathy and kindness. We are incredibly proud of how passionately our students participated, showcasing their enthusiasm and commitment to these meaningful values.



Know Your Neighbours



Cultur-all Artwork



The Participants

Swift Response to Security Concern

On June 25th, Calcutta International School received a security threat. Junior School Principal, Mrs. Nayar, promptly addressed the situation by convening a special assembly for students on June 26th. Speaking with empathy and reassurance, Mrs. Nayar explained the situation to the students, listened to their concerns, and assured them that everything was being done to ensure their safety.



Lifeskills session conducted by school counsellors on 2nd July 2025, with Grade 5

In this era of Digital Media, perhaps the most vulnerable cohort online are children and adolescents. The challenge faced by young people is not only the rapidly increasing screen time, but also the content that is being consumed by them.

School counsellors Mrs. Spriha Patronobis and Mrs. Farishta Dastur Mukerji, conducted a lifeskills session with grade 5 students on 2nd July 2025, on the topic ' Social Media and Social Skills'. The objective of the session was to enable students to reflect on how social media trends affect our interpersonal skills. Social media may be defined as - websites and computer programs (apps) that allow people to communicate and share information, opinions, pictures, videos, ertc' . (Ref apa.org)



While most students shared that they are not on popular sites such as Facebook/Instagram/Tiktok etc, they were surprised to learn that Youtube, which is extensively used by them, is a social media platform. Students shared uninhibitedly the online activities they usually engage in - gaming, chatting, browsing, watching reels/shorts on social media/YouTube to name a few. Through an invigorating brainstorming session, students identified the negative influence of social media on one's interpersonal skills, such as bullying (physical/online), roasting, trolling, racist /offensive jokes, and other forms of inappropriate social behaviour.

The difference between the Virtual world and Reality was reiterated to our young learners so that they can be mindful while interacting with others, especially peers. The impact of social media influenced maladaptive behaviours was also discussed in the context of disciplinary concerns in school and their consequences. We urge parents to carry the conversation forward at home - this will reinforce the consciousness of every student to be responsible digital users."

What it means to be a leader

School Counsellor Mrs. Spriha Patronobis conducted a session on Leadership on 11th July, 2025, with select students from grades 4 and 5 who had been nominated by teachers for the student council of 2025-26. The session began with an introspective exercise on 'what it means to be a leader'. This enabled them to reflect on their own purpose of possibly representing the student council. A sharing session that followed revealed that the group had a more democratic view of how a leader needs to be. This was followed by students sharing qualities of leadership that they value - some noteworthy ones mentioned were Patient, Kind, Collaborative, Empathetic, Proactive, Responsible, Honest. The session then proceeded to some rapid fire questions of challenging situations that a student council member may be faced with. This was a problem solving exercise that allowed students to brainstorm possible outcomes. Finally the session concluded with a sharing of 1 impactful change that each member wishes to bring about if they receive the opportunity to represent the council. The interactive session was well received by the students and they valued the activities that helped them to develop some insight into Leadership roles in school.



Empowering Teachers: Understanding Neurodiversity and Inclusive Classroom Management

The Counselling and SEN department organized a hands-on workshop for Teachers of Junior and Primary section with Mrs. Shaneel Mukerji, a disability and mental health practitioner, on 16th June, 2025 on Understanding Neurodiversity and Effective Classroom Management. The workshop empowered teachers with clarity on not only the conditions that are on the neurodivergence spectrum but also personal experiences of neurodivergent individuals. Teachers were engaged in immersive group activities to entail how different aspects of the classroom/ school would impact students with neurodiversity, such as seating, time management, executive functioning, attention, impulsive behaviour, emotional state, motor behaviour, communication, social skills, work habits to name a few. Several strategies were shared by Ms. Mukerji on creating student centric and inclusive learning environments.

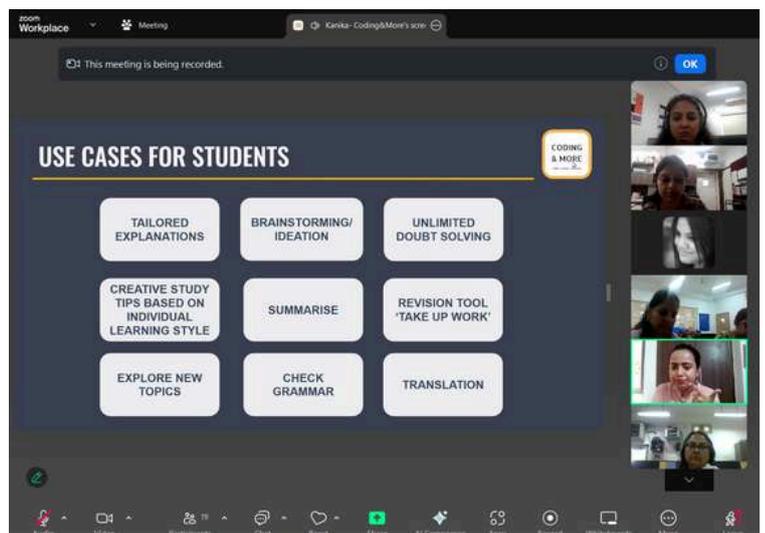


Transforming Education with AI

On the 12th and 17th of June, Junior School teachers of Calcutta International School participated in a professional development workshop focused on Artificial Intelligence in Education. The workshop was conducted by Coding and More - an all-women-led AI education company based in India and a proud skilling partner of the UN's ITU AI for Good platform.

The sessions aimed to enhance educators' understanding of generative AI and its application in the teaching-learning process. Teachers were introduced to a variety of generative AI multimodal platforms, enabling them to explore a range of tools that support content creation, assessment, and instructional design. The workshop was highly interactive, featuring hands-on demonstrations that allowed participants to experience the functionality of these platforms through real-time examples.

In addition to practical exposure, the sessions also covered key foundational areas such as the definition and evolution of AI, ethical considerations in the use of AI in education, and a comparative analysis of popular AI tools. This comprehensive exposure empowered teachers to integrate AI meaningfully into their pedagogical practices while being mindful of responsible usage.



Professional Development

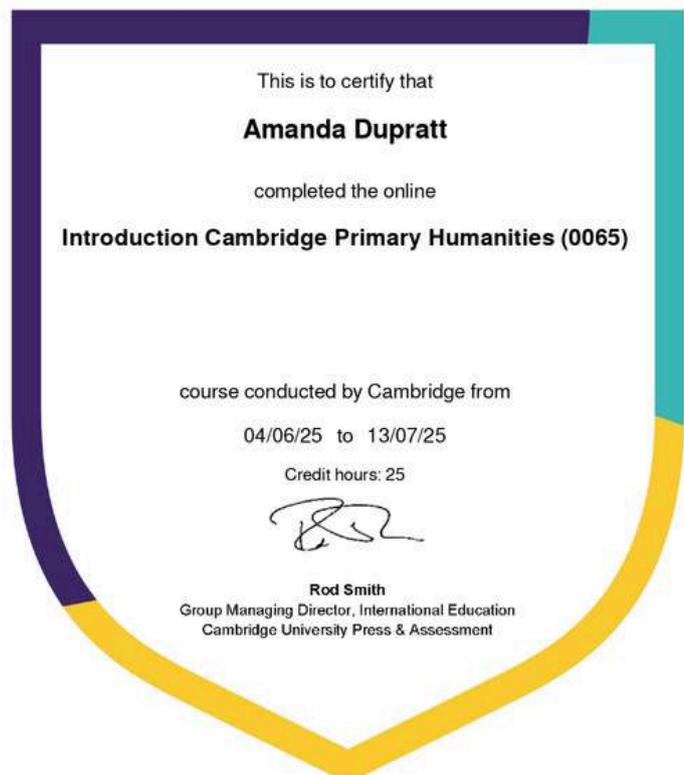
Ms Amanda Bianca DuPratt participated in the Introduction Cambridge Primary Humanities Online Workshop from 4 June to 13 July 2025. In the first week, she explored her personal aims, the key Cambridge documents, and the learning objectives for Humanities. Week two focused on active learning, objective-led teaching, and the use of success criteria. In week three, she learned about formative assessment, effective feedback and questioning, and differentiation strategies. Week four covered long-term planning, enquiry-based learning, and lesson planning. In the final week, she shared a lesson plan and resource with peers, explored Cambridge's assessment guidance, and identified her next steps. This workshop enhanced her understanding of the Cambridge Humanities curriculum and strengthened her teaching practice.



CAMBRIDGE

cambridge.org/internationaleducation

Certificate of completion



Cambridge
Pathway 

Ready for
the world 

Calcutta International School Strengthens Community Commitment with Furniture Donation

Continuing its legacy of social responsibility, Calcutta International School recently donated 48 desk benches and chairs to Dakshin Calcutta Arya Vidyalaya, aiming to provide a comfortable, conducive learning environment and enhance the students' educational experience. This endeavour reflects our ongoing mission to give back to society and invest in future generations.



Book Donation to Pahchan Foundation

Calcutta International School recently made a generous donation of books to Pahchan Foundation, a noble organization dedicated to supporting underprivileged children. The donated books will play a significant role in nurturing the academic growth and instilling a love for reading and learning among these young minds.

We are proud of our students and staff for their compassion and generosity, and we look forward to continued collaboration with Pahchan Foundation in the future.



Where Books Wait to Find You: An Open Library to Foster Spontaneous Reading

To cultivate a stronger reading culture within our school, an Open Library has been set up in the first-floor corridor. This space allows students and teachers to freely browse and read during their free time. The aim is to foster spontaneous reading moments, where one can simply pick up a book, flip through its pages, and enjoy reading without formal check-outs or restrictions. This initiative stems from the generous donations of books by parents over the past few months.

To ensure the Open Library remains organised and welcoming, Library Squads have been chosen from among the students of Grade 3 to 5. They are responsible for maintaining the shelf and keeping the books neatly arranged. Squad members will be appointed every month, allowing more students to take ownership and develop leadership skills.

With this new addition, the school hopes to further strengthen its vision of creating independent, motivated readers who find joy and confidence in reading for leisure and learning.



Math Wizards make CIS Proud Internationally

We are thrilled to announce that two students from the Junior Section of Calcutta International School, who represented India at the International Mental Math Olympiad, have performed exceptionally well!

The prestigious competition was held in Malaysia on 28th June 2025, featuring participants from across the globe. A total of 20 students represented India, and 5 of them secured Rank 1 in their respective age categories.

Uvaansh Bagla of Grade 2 achieved an outstanding feat by securing: **Rank 1** in both Preliminary and Elite Category in his age group.

Asmit Banerjee of Grade 5 also delivered a commendable performance by securing: **Rank 3** in the Preliminary Category and **Rank 5** in the Elite Category.

The International Mental Math Olympiad is conducted in two rigorous rounds:

Preliminary Round: 120 questions to be solved in 5 minutes

Elite Round: A challenging level with 120 questions, where international participants compete alongside Malaysian students.

We congratulate both Uvaansh and Asmit for their hard work, determination, and incredible achievements on the international stage. CIS is proud of their achievement.



Uvaansh Bagla



Asmit Banerjee

Taekwondo Championship Achievements

We are thrilled to announce the outstanding achievements of our students in the recent West Bengal Taekwondo Championship 2025. Miraan Lakhota and Moksh Lakhota excelled in their respective events, while Avaan Jain from Grade 5A and Aiza Maheshwari from Grade 3B brought home multiple medals.

Miraan's Achievements

1st position in Sparring
2nd position in Patterns
3rd position in Speed Kicking

Moksh's Achievements

1st position in Patterns
2nd position in Sparring

Aiza Maheshwari's Achievements

Gold Medal in Speed Kicking
Silver Medal in Patterns
Silver Medal in Sparring

Avaan Jain's Achievements

Gold Medal in Speed Kick (74 kicks in 20 seconds)
Gold Medal in Patterns (Boys 8-10 years, up to Green Belt)
Silver Medal in Sparring (Boys below 10 years, under 35 kgs)



These achievements showcase the talent and dedication of our students, and we are proud to have such accomplished young athletes in our school community. Congratulations to all the winners!

Kalaakriti Award

We are delighted to share that Saishaa Narula, Sitara Kaushik, and Aisha Bansal have achieved outstanding success in competitions conducted by the Heritage Foundation of Art and Culture during the academic year 2023–24. Based on their cumulative scores across all classical categories, these talented students have been awarded the Kalaakriti Medal of Appreciation — a prestigious recognition of their dedication and excellence in the classical arts. Heartiest congratulations to each of them! We wish them continued success as they pursue their passion for cultural and artistic excellence.



More Student Achievements

Dhruv Patodia of Grade 5A secured the second place in two tournaments which were held during the summer break by the IGU East Zone Feeder Tour -Protouch Junior Masters 2025 held on 21st & 22nd May & CFL Junior Open on 11th & 12th June. Heartiest congratulations Dhruv!



Red House Welcomes New House Master

On June 20th, Mr. Sudipta Bardhan was appointed the new House Master for Red House. The voting process was conducted by Mr. Samad under the supervision of Mrs. Nayar and Mrs. Choudhary.



We extend our best wishes to Mr. Bardhan for continued success in his new role.

End



EDITORIAL TEAM

Mrs Sharmila Majumdar, Mrs Neelam Choudhary,
Mrs Shreyaa Dutta Gupta, Mrs Tinku Yadav, Ms Shabeeha Ahmed,
Mrs Sukanya Singhal, Mrs Debika Dasgupta,
Mr Abhijit Roy and Ms Fatima Razzaque

THANK YOU

Follow us on



<https://www.facebook.com/calcuttainternationalschool>



<https://www.instagram.com/calcutta.international.school/>



<https://www.calcuttais.edu.in>



<https://www.linkedin.com/company/calcutta-international-school-cis/>



<https://cisezine.blogspot.com>



<https://www.calcuttais.edu.in@calcuttainternationalschoo2318/featured>